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**Laser 2000 Millennium Series  
Laser 4000 Inland Championships  
Laser 5000 Inland Championships  
Laser Vago Inland Championships  
Vortex Inland Championships**

**October 16<sup>th</sup> -17<sup>th</sup> 2009**

**SAILING INSTRUCTIONS**

**1. RULES**

- 1.1 The regatta will be governed by the Racing Rules of Sailing.
- 1.2 The prescriptions of the RYA and the rules of the relevant Class Associations will apply.
- 1.3 Advertising will be extended to Category C.

**2. NOTICES TO COMPETITORS**

- 2.1 Notices to competitors will be posted on the official notice board, located upstairs in the wet bar.

**3. CHANGES TO SAILING INSTRUCTIONS**

- 3.1 Any change to the sailing instructions will be posted not less than 60 minutes before the advertised start of any race or races concerned, except that any change in the schedule of races for Sunday will be posted by 7pm on Saturday.

**4. SIGNALS MADE ASHORE**

- 4.1 Signals made ashore will be displayed on the flagstaff outside the front of the clubhouse.
- 4.2 Flag L with a sound signal means: 'A notice to competitors has been posted'.
- 4.3 When Flag AP is flown ashore, race signal AP is changed in that '1 minute' is replaced by 'not less than 30 minutes'.
- 4.4 When a visual signal is displayed over a class flag it applies to that class only. This also applies to signals provided afloat

**5. SCHEDULE OF RACES**

- 5.1 It is intended that there will be three back to back races on Saturday 16<sup>th</sup> October with the warning signal for the first start of the first race of the day at 1155 hrs. Three back to back races are scheduled for Sunday 17<sup>th</sup> October with the warning signal for the first start of the first race of the day at 1025 hrs.
- 5.2 Six races are scheduled for each class.
- 5.3 For the purposes of Rule 30.3, a race which cannot be completed on Saturday will be deemed to be restarted or resailed as the first race on Sunday.

- 5.4 For back to back races, flag AP will be displayed before the end of the previous race and lowered with one sound, one minute before the Warning signal. The timing of raising flag AP will not provide grounds for a competitor to seek redress
- 5.5 The race officer may indicate that the next race sequence is about to start by repeated short sound signals.
- 5.6 No warning signal will be made after 15.00 on Sunday.

## 6 THE START

- 6.1 Races will be started in accordance with rule 26.
- 6.2 The starting line will be between the staff on the Committee Boat and an outer distance mark or boat, each displaying an orange flag.
- 6.3 The order of starts will be Laser 5000 and Vortex, Laser 4000, Laser 2000 then Laser Vago.
- 6.4 The start for one class may be the warning signal for the subsequent class. If there is a General Recall, then the subsequent classes' starts will be delayed in order to maintain the start sequence.
- 6.5 Boats whose warning signal has not been made shall avoid the starting area.
- 6.6 Class flags will be announced at the briefing and displayed on the notice board in the wet bar.
- 6.7 A boat starting later than 3 minutes after her starting signal will be scored Did Not Start. This changes rule A4
- 6.8 In the event of an individual recall, flag 'X' will be lowered no later than two minutes after the starting signal. This changes RRS 29.1.

## 7. COURSE

- 7.1 The diagrams in Attachment A show the courses, including the course letters, the order in which marks are to be passed, and the side on which each mark is to be left.
- 7.2 The Race Committee boat will display the number of laps to be sailed on a board at the back of the committee boat.

## 8. MARKS

- 8.1 The marks to be used will be announced at the briefing.

## 9. THE FINISH

- 9.1 The finishing line will be between the staff on the committee boat and a dan buoy or boat displaying a blue flag.
- 9.2 On any lap, the course may be shortened if the leading boat in the class has rounded its windward mark. Flag 'S' over the class flag will be displayed on the committee boat (and may be repeated by mark boats on the course area) with two sound signals. Boats shall then sail through their leeward gate, round mark 4 to port, then sail through the finish line. Failure to repeat the flag from mark boats will not be grounds for redress. This replaces RRS 32.2 and changes rule 62.
- 9.3 In order to reduce delay between races, the Race Officer may finish boats at the back of the fleet by recording their positions from a RIB which will motor down the course. The decision of the Race Officer is final and will not be grounds for a competitor to seek redress.

## 10 PENALTY SYSTEM AND TIME LIMITS

- 10.1 If no boat has reached the first mark within 20 minutes, that race will be abandoned, although it may be restarted.
- 10.2 Rules 44.1 and 44.2 are changed FOR ALL COMPETITORS so that only one turn, including one tack and one gybe, is required.

- 10.3 **LASER 4000/5000 ONLY:** A boat touching a mark (other than a starting or finishing line mark), and passing it on the correct side does not infringe rule 31.1. However, a boat which in the opinion of the Race Officer, causes a racing mark to be significantly relocated, may be disqualified from that race without a hearing, including any restart. This alters Rule 31.
- 10.4 A boat that Did Not Start, Finish or Retired After Finishing (including Rule 31.2) shall complete an acknowledgment form at the race office within the protest time limit.
11. PROTESTS AND REQUESTS FOR REDRESS
- 11.1 Protest forms are available at the club office. Protest forms shall be returned there within the protest time limit.
- 11.2 The protest time limit is 60 minutes after the last boat has finished the last race of the day. This time limit will be extended by 30 minutes for all protests by the Race Committee relating to incidents observed in the racing area.
- 11.3 Notices will be posted within 20 minutes of the end of the protest time limit to inform competitors of hearings in which they are parties or named as witnesses.
- 11.4 Breaches of instructions 13.2, 13.3, and 13.4 will not be grounds for a protest by a boat. This changes rule 60.1(a). Penalties for these breaches may be less than disqualification if the protest committee so decides.
- 12 ADVISORY AND ARBITRATION HEARINGS; EXONERATION PENALTY  
The Advisory Hearing and RYA Arbitration procedures of the RYA Rules Disputes Procedures will be available. For these purposes an Exoneration Penalty of 40% shall apply, although the final position of a penalised boat shall be no worse than if she had retired.
13. SAFETY REGULATIONS AND LOCAL ISSUES
- 13.1 All helms and crews shall wear adequate personal buoyancy at all times while on the water. This changes Rule 40.
- 13.2 All boats shall avoid the Rutland Belle.
- 13.3 All boats shall avoid interfering with fishing boats on the water.
- 13.4 A boat that retires from a race shall notify the race committee as soon as possible
14. SCORING
- 14.1 Two races are required to be completed to constitute a series
- 14.2 When four or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.
- 15
- 15.1 Competitors are required to allow the race committee, the class committee or a duly authorized representative of either body to measure or inspect a boat at any time when she is not racing.
- 15.2 Checks may be carried out to test the compliance of Laser 4000 & 5000 competitors with their Class Association measurement Rule, "Weight and Righting Moment Equalisation".

- 15.3 The procedure for the Laser 4000s and 5000s is that teams selected for checking will be notified immediately prior to launching, afloat or within five minutes of arriving ashore. It is the responsibility of selected sailors to attend the "Weighing Compound" (location will be indicated on the Official Notice Board) as soon as practicably possible after coming ashore. Selected sailors shall not remove or add any clothing or equipment or other items that were not carried in their boat during racing until their measurement checks are complete. Sailors entering the Weighing Compound shall remain there until measurement checks (including any re-weighing) are complete to the satisfaction of the measurement team. The penalty for failure to comply with the Class Association rules on weight and righting moment equalisation is disqualification from all races already sailed on that day, subject to a protest hearing if required by the competitor. This amends RRS A5.
- 15.4 The Crew Weights and Crew Righting Moments for each individual in the team shall be rounded to the nearest whole number before they are applied to the Chart, or added together.

## 16 REPLACEMENT OF CREW

- 16.1 Substitution of competitors will not be allowed unless written approval is granted by the race committee in advance of the race in which the change occurs.
- 16.2 Helm. For the series of races comprising an event only the helm named on the entry form shall be eligible. If a different helm completes a race in the same boat then they shall be considered a separate entry and their results will be scored accordingly and cannot be combined with another helm's results.

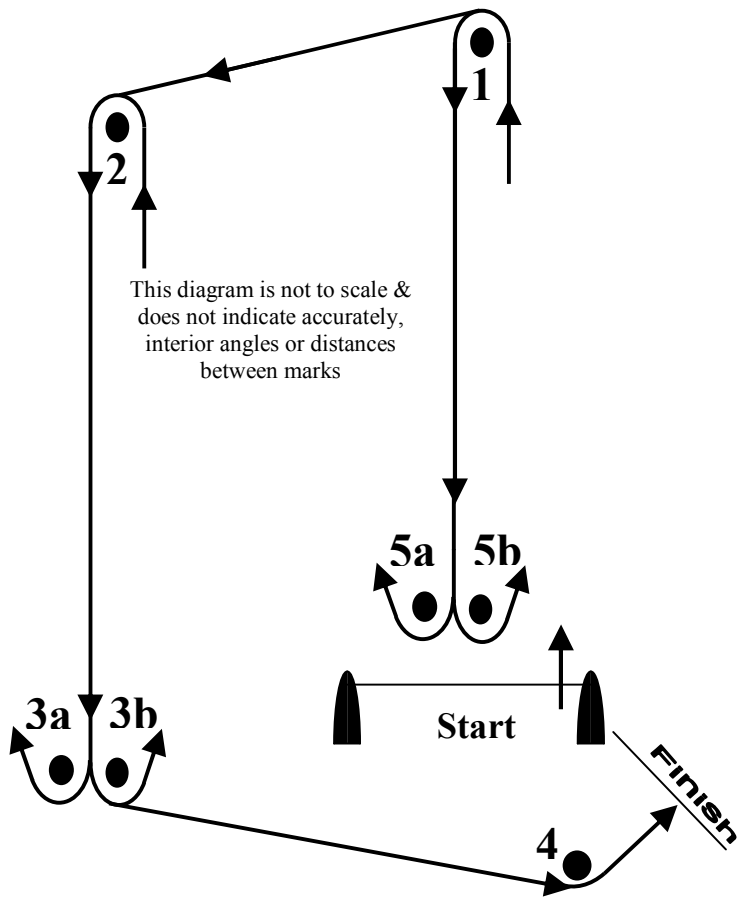
## 17. DISCLAIMER OF LIABILITY

- 17.1 Competitors participate in the regatta entirely at their own risk. See Rule 4 Decision to Race. The organising authority will not accept any liability for material damage or personal injury or death sustained in conjunction or prior to, during or after the regatta.

## 18. INSURANCE

- 18.1 Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of £2 million.

Course



**Laser 4000, 5000 and Vortex**

- 1 lap = 1, 2, 3A/3B, 4, F
- 2 laps = 1, 2, 3A/3B, 2, 3A/3B, 4, F
- 3 laps = 1, 2, 3A/3B, 2, 3A/3B, 2, 3A/3B, 4, F etc

**Laser 2000 and Vago**

- 1 lap = 1, 2, 3A/3B, 4, F
- 2 laps = 1, 5A/5B, 1, 2, 3A/3B, 4, F
- 3 laps = 1, 5A/5B, 1, 5A/5B, 1, 2, 3A/3B 4, F etc